

Upon entering each room, the legionary should greet the resident and speak with him about preparing for Holy Communion, as he arranges the altar (white cloth, standing cross, lavabo dish, purificator, and two lit electric candles). He should ask the resident if he wants to go to confession, and should note if there has been a significant change in his condition for the worse, making him eligible for Extreme Unction. Then he should speak with him a little about Christ coming to visit him in Holy Communion, how many graces we can gain from the Blessed Sacrament, how Jesus loved to visit the sick, how he himself suffered so much for us, and we can unite our sufferings to his most especially through the devout reception of Holy Communion, and any other pious thoughts that come to mind. If there is still time, the legionary should lead the resident in the recitation of some prayers, either from the Rosary (if they are easier for the resident to participate in) or from the following:

Prayers before Holy Communion

An Act of Faith

O my Jesus! I firmly believe that Thou art present here in this Most Blessed Sacrament, which I am about to receive, because Thou, the eternal Truth, hast revealed it.

An Act of Charity

O my Jesus! I love Thee in this Most Blessed Sacrament, as my God and Lord, as my Redeemer and Sanctifier.

An Act of Hope

O my Jesus! I hope to receive in this Blessed Sacrament all the graces of which I stand in need, even eternal happiness in heaven, because Thou, the eternal and unfailing Truth, hast promised it.

An Act of Contrition

O my Jesus! I am heartily sorry for all my sins, because they have offended Thee, my God and Savior.

Prayers after Holy Communion

Anima Christi

Soul of Christ, sanctify me.
 Body of Christ, save me.
 Blood of Christ, inebriate me.
 Water from the side of Christ, wash me.
 Passion of Christ, strengthen me.
 O good Jesus, hear me.
 Within Thy Wounds hide me.
 Suffer me not to be separated from Thee.
 From the malignant enemy, defend me.
 In the hour of my death, call me,
 And bid me come to Thee.
 That with Thy saints, I may praise Thee.
 Forever and ever. Amen.

Prayer of St. Padre Pio

Stay with me, Lord, for it is necessary to have Thou present so that I do not forget Thee.
 Thou knowest how easily I abandon Thee.
 Stay with me, Lord, because I am weak, and I need Thy strength, so that I may not fall so often.
 Stay with me, Lord, for Thou art my life, and without Thee, I am without fervor.
 Stay with me, Lord, for Thou art my light, and without Thee, I am in darkness.
 Stay with me, Lord, to show me Thy Will.
 Stay with me, Lord, so that I hear Thy Voice and follow Thee.
 Stay with me, Lord, for I desire to love Thee very much, and always be in Thy company.
 Stay with me, Lord, if Thou wishest me to be faithful to Thee.
 Stay with me, Lord, for as poor as my soul is, I want it to be a place of consolation for Thee, a nest of love. Amen.

The priest opens the pyx, genuflects, and says:

Ÿ. Misereatur tui omnipotens Deus, et, dimissis peccatis tuis, perducat te ad vitam æternam.

℞. Amen.

Ÿ. Indulgentiam, ✠ absolutiõnem et remissionem peccatorum tuorum tribuat tibi omnipotens et misericors Dominus.

℞. Amen.

The priest genuflects, and holds the Host elevated, saying:

Ÿ. Ecce Agnus Dei, ecce, qui tollit peccata mundi.

The priest says, three times, with the sick person/legionary:

Dómine, non sum dignus, ut intres sub tectum meum: sed tantum dic verbo, et sanabitur ánima mea.

The priest gives Holy Communion and purifies his fingers. If this is not the last visit, he puts the pyx in the burse and departs.

The Last Visit:

Ÿ. Dóminus vobiscum.

℞. Et cum spíritu tuo.

Orémus. Dómine sancte, Pater omnipotens, æterne Deus, te fidéliter deprecámur, ut accipiéntibus frátribus (soróribus) nostris sacrosánctum Corpus Dómini nostri Iesu Christi Fílii tui, tam córpori, quam ánimæ prosit ad remédium sempitérnum: Qui tecum vivit et regnat in unitáte Spíritus Sancti Deus, per ómnia sécula sæculórum.

℞. Amen.

Prayer of St. Ambrose

Lord Jesus Christ, I approach Thy banquet table in fear and trembling, for I am a sinner, and dare not rely on my own worth, but only on Thy goodness and mercy. I am defiled by my many sins in body and soul, and by my unguarded thoughts and words. Gracious God of majesty and awe, I seek Thy protection, I look for Thy healing. Poor troubled sinner that I am, I appeal to Thee, the fountain of all mercy. I cannot bear Thy judgment, but I trust in Thy salvation. Lord, I show my wounds to Thee and uncover my shame before Thee. I know my sins are many and great, and they fill me with fear, but I hope in Thy mercies, for they cannot be numbered.

Lord Jesus Christ, Eternal King, God and man, crucified for mankind, look upon me with mercy and hear my prayer, for I trust in Thee. Have mercy on me, full of sorrow and sin, for the depth of Thy compassion never ends.

Praise to Thee saving sacrifice, offered on the wood of the Cross for me and for all mankind. Praise to the noble and Precious Blood, flowing from the wounds of my crucified Lord Jesus Christ and washing away the sins of the whole world.

Remember, Lord, Thy creature, whom Thou hast redeemed with Thy Blood; I repent my sins, and I long to put right what I have done. Merciful Father, take away all my offenses and sins; purify me in body and soul, and make me worthy to taste the Holy of Holies. May Thy Body and Blood, which I intend to receive, although I am unworthy, be for me the remission of my sins, the washing away of my guilt, the end of my evil thoughts, and the rebirth of my better instincts. May it incite me to do the works pleasing to Thee, and a firm defense of body and soul against the wiles of my enemies. Amen.

Prayer to the Blessed Virgin Mary

O Most Blessed Virgin Mary, Mother of gentleness and mercy, I, a miserable and unworthy sinner, fly to thy protection with every sentiment of humility and love; and I implore of thy loving kindness that thou wouldst vouchsafe graciously to be near me, and all who throughout the whole Church are to receive the Body and Blood of thy Son this day, even as thou wert near thy sweetest Son as He hung bleeding on the Cross. Aided by thy gracious help, may we worthily approach this august Sacrament. Amen.

The First Visit:

Entering the room of the first sick person, the priest says:

Ÿ. Pax huic dómui.

Ṛ. Et ómnibus habitántibus in ea.

He spreads the corporal, and places the Blessed Sacrament upon it, while all who are present kneel. Then he sprinkles the sick person and the room with the holy water saying:

Aspérges me, Dómine, hyssópo, et mundábor: lavábis me, et super nivem dealbábor; Miserére mei, Deus, secúndum magnum misericórdiam tuam. Glória Patri, et Fílio, et Spirítui Sancto. Sicut erat in princípio, et nunc, et semper, et in sæcula sæculórum. Amen. Aspérges me, Dómine, hyssópo, et mundábor: lavábis me, et super nivem dealbábor.

Then he says:

Ÿ. Adiutórium nostrum in nómine Dómini.

Ṛ. Qui fecit cælum et terram.

Ÿ. Dómine, exáudi oratiónem meam.

Ṛ. Et clamor meus ad te véniat.

Ÿ. Dóminus vobíscum.

Ṛ. Et cum spírítu tuo.

Orémus. Exáudi nos, Dómine sancte, Pater omnípotens, ætérne Deus: et míttre dignéris sanctum Angelum tuum de cælis, qui custódiat, fóveat, prótegat, vísitet, atque deféndat omnes habitántes in hoc habitáculo. Per Christum Dóminum nostrum.

Ṛ. Amen.

Every Visit other than the First begins here:

[The priest puts the Blessed Sacrament on the corporal]

If the sick person wishes to confess, he does so at this point. If so, wait outside; the priest will open the door when you may return.

The sick person recites the Confiteor (either language). If he is unable to do so, the legionary should recite it for him.

I confess to almighty God, to the blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, to all the Saints, and to you, Father, that I have sinned exceedingly in thought, word, and deed, through my fault, through my fault, through my most grievous fault. Therefore I beseech the blessed Mary, ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, all the Saints, and you, Father, to pray to the Lord our God for me.

Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Ioánni Baptístæ, sanctis Apóstolis Petro et Paulo, ómnibus Sanctis, et tibi, pater: quia peccávi nimis cogitatióne, verbo et ópere: mea culpa, mea culpa, mea máxima culpa. Ideo precor beátam Mariám semper Vírginem, beátum Michaélem Archángelum, beátum Ioánnem Baptístam, sanctos Apóstolos Petrum et Paulum, omnes Sanctos, et te, pater, oráre pro me ad Dóminum, Deum nostrum.